



Flatbread Sandwiches



with "Fajita" Chicken Thighs

Flavorful marinated chicken thigh meat combined with pepper-jack cheese, hummus, lettuce, tomatoes, fried onions, and avocado slices. Choose your bread and enjoy a delicious and satisfying meal in minutes!







Flatbread Sandwiches with "Fajita" Chicken Thighs.





Steps to get started.

Ingredients:

- 1 package of "Fajita" marinated chicken thigh meat.
- 4 ounces of pepper-jack shredded cheese.
- 1-2 Tsp. Private Selection® Traditional Hummus.
- 1-3 leaves of shredded lettuce (see alternatives below).
- 1/4 cup diced tomatoes.
- 1/4 cup of retail branded fried onions-crumble with meat mallet or by hand
- 1 avocados, peeled and slices
- 1 Tbsp Zesty Italian dressing

Cooking Chicken:

- On a preheated grill, grill chicken thighs and heat thoroughly, 165°c.
- Set it aside.

Step 3:

Sandwich Assembly

- Warm Pita bread, Naan, or flour tortilla. While bread is lying flat, spread hummus onto it.
- Next, place sliced chicken thighs on spread.
- Add all ingredients in any order onto bread.
- Drizzel zesty Italian dressing evenly on the top
 - If using a TORTILLA, then roll up into a "pinwheel".
 - If using flat bread, then fold in half.

Alternatives:

- Spinach leaves
- Arugula
- Sprouts
- Savoy cabbage











Flathreac





Cooking options.

Baking: Option 1

- 325°
- Place whole thighs into a 9" -12" round earthenware dish which has been lightly coated with oil.
- Cover with lid, and bake for 20 35 min, or until a temperature of 165° is reached. Let rest 10 minutes before serving...

Baking: Option 2

- 325°
- On medium high heat, heat an 8-to-12-inch skillet. Once skillet is hot, add 1/4 cup of oil. Carefully, using tongs place thighs in hot skillet.
- Allow the skillet to lay flat on the burner and sear thighs for one to 2 minutes, then flip and sear another 1-2 minutes or until golden brown.
- Place Seared thighs into a 9" -12" round earthenware dish. Cover with lid and bake for 15-20 minutes, or until a temperature of 165° is reached. Let rest 10 minutes before serving.

Grilling Option:

- Heat grill on high setting. Before placing thighs turn grill turn grill heat settings to medium.
- Remove thighs and place on preheated grill. Cook for 4 minutes and then flip thighs and cook another four minutes.
- Check the internal temperature to ensure they are 169°. Hint: If thighs need to grill longer to reach 169°, set them on the coolest part of the grill. Allow thighs to rest for 10 minutes.
- Check temperature until 169° has been reached.

Sauté Option:

- Carefully, using tongs place the thighs in hot skillet on medium high heat, heat 8-to-12-inch sauté skillet.
- Once skillet hot add ½ cup of oil. Tilt the skillet to allow the oil to pool towards the front corner of lip, away from the skillet handle.
- Carefully, using tongs place the thighs in hot skillet.
- Allow the skillet to lay flat on the burner and sear/cook thighs for 4
- With tongs gently turn the thigh and cook another minute. Ensure an internal temperature of 169° is reached.



















